



# BEING FILLED SPEAKING FOR KIDS EPISODE 1 - 4



Hi Heritage Kids,

In the **KIDS MESSAGE HIGHLIGHTS\_Beloved Part 21 (18 Sep 2022)** Pastor Sharon speaks about ploughing up the hard ground of your heart. The **“Being Filled Speaking”** is based on the online series Ps Sharon did. This is going to show you how you can plough up your heart.

**NEEDED:** You need your **NKJV Bible** and a **highlighter**...

I’m going to include the scriptures in this document and change them so you can see how to personalise them and speak them to God. There are 3 ways in which to offer up praises... **I say – I shout – I sing** - but you can say, shout or sing any of them as the Holy Spirit leads you... If you are younger than the reading age, then you can do this together with an adult - your dad or mom, sister or brother, family member or friend. They can start and you just repeat it after them. This can be done for all ages who have begun to speak sentences. Start with 2 minutes a day and increase it from there...

## Episode 1:

**2 KEY SCRIPTURES:** **READ: Eph 5:17-20 (KJV).** This is a **KEY** scripture – that means it’s an important, crucial, necessary scripture to **meditate** on. How do you meditate on scripture? Meditate means to ponder and think deeply about... Take the time to think about the scripture, what it means and how you can apply it in your own life, allow the Holy Spirit to speak to you. **READ: Col 3:16 (KJV).** We see from both these scriptures we **SPEAK** in Psalms and **SING** in Psalms. **Matt 26:30 (KJV)** - Jesus and His disciples sang ‘n hymn. **READ: James 5:13 (KJV)** – sing psalms.

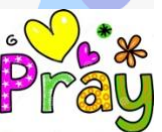
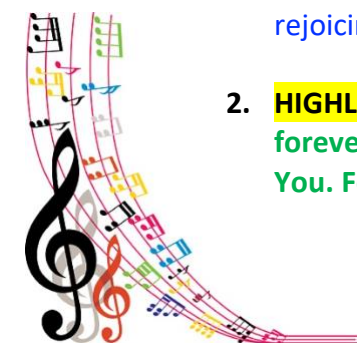
## Episode 2:

**PLOUGHING A HABIT:** **READ: Eph 5:17-20 (KJV).** To be filled with the Spirit you have to be speaking to the Lord. In the Book of Hosea it says Judah will plough - Judah means praise and praise will **plough** up the hard ground of your heart. In Neh 8, the Lord shows us that joy and rejoicing is our strength to lift our spiritual life. It’s important to develop a habit and a way of continually rejoicing. This is how you do that, underline the Psalms in your Bible - the things that you want to say to the Lord about joy, about praising and about who He is. All children of a reading age can do this. This is done in your private time with the Lord, you can start off your time with Him like this... If you highlight it you can quickly go there in the morning to **say those things to the Lord.**

Go to the beginning of Psalms...



- HIGHLIGHT: Psalm 5:2-3 (NKJV).** I say – You give heed to the voice of my cry, My King and My God, For to You I will pray. My voice You shall hear in the morning, O Lord; In the morning I will direct it to You and I will look up. I direct my praise and my rejoicing to You this morning Lord.
- HIGHLIGHT: Psalm 5:11-12 (NKJV).** I shout – I rejoice because I put My trust in You. I forever shout for joy because You defend me. I love Your Name and I am joyful in You. For You, O Lord, bless me - the righteous; With Favor You surround me as with





a shield. Lord, I'm putting my trust in you and I rejoice. Father, this morning I shout for joy. Lord, right now I'm joyful in You.



**Episode 3:**

3. **HIGHLIGHT:** Psalm 7:17 (NKJV). I sing – I will praise You Lord according to Your righteousness, And I will sing praises to the Name of the Lord Most High. (You can also sing in the Spirit to the Lord).



4. **HIGHLIGHT:** Psalm 8:1 (NKJV). I say – O Lord, my Lord, how excellent is Your Name in all the earth, who have set Your glory above the heavens!



5. **HIGHLIGHT:** Psalm 8:9 (NKJV). I say – O Lord, my Lord, How excellent is Your Name in all the earth! (You are singing / speaking to yourself in Psalms to the Lord, you're speaking to yourself, it's in your heart and it's to the Lord)



6. **HIGHLIGHT:** Psalm 9:1-2 (NKJV). I sing – I do praise You, O Lord, with my whole heart; I will tell of all Your wondrous works. I am glad and rejoice in You; I will sing praise to Your Name, O Most High. I do praise You, O Lord this morning (afternoon / evening) with my whole heart. I will be glad today and I will be rejoicing in You today.



7. **HIGHLIGHT:** Psalm 13:5 (NKJV). I say – I trust in Your mercy; My heart rejoices in Your salvation. I sing to You Lord, because You have dealt bountifully with me.



8. **HIGHLIGHT:** Psalm 16:5-9 (NKJV). I say – O Lord, You are the portion of my inheritance and my cup, You maintain my lot. The lines have fallen to me in pleasant places; Yes, I have a good inheritance. I will bless You Lord who has given me counsel; My heart (my seat of affection and emotion) also instructs me in the night seasons. I have set the Lord always before me; Because He is at my right hand I shall not be moved. Therefore, my heart is glad, and my glory rejoices; my flesh also will rest in hope.

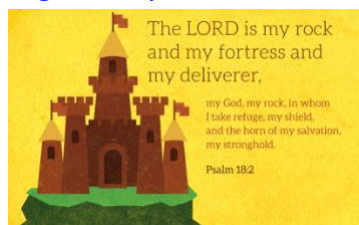
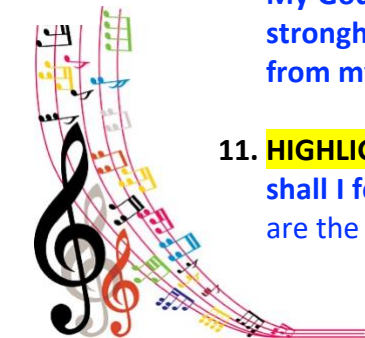
**Episode 4:**

9. **HIGHLIGHT:** Psalm 16:11 (NKJV). I say – You show me the path of life; In Your presence is fulness of joy; At Your right hand are pleasures forevermore.



10. **HIGHLIGHT:** Psalm 18:1-3 (NKJV). I say – I will love You, O Lord, my strength. That's the greatest commandment to love You my Lord my God, with all my heart, with all my strength, with all my mind. The Lord is my rock and my fortress and my deliverer; My God, my strength, in whom I trust; My shield and the horn of my salvation, my stronghold. I will call upon You Lord, You are worthy to be praised; So shall I be saved from my enemies. I call upon You this morning Lord, You are worthy to be praised.

11. **HIGHLIGHT:** Psalm 27:1 (NKJV). I say – The Lord is my light and my salvation; Whom shall I fear? The Lord is the strength of my life; of whom shall I be afraid? Lord, You are the strength of my life.





12. **HIGHLIGHT:** Psalm 27:4 (NKJV). I say – One thing do I desire of You Lord, That I will seek after: That I may dwell in the house of the Lord all the days of my life, to behold the beauty of the Lord, and to inquire in His temple.



13. **HIGHLIGHT:** Psalm 27:6 (NKJV). I say – And now my head shall be lifted up above my enemies all around me; Therefore I will offer sacrifices of joy in Your tabernacle; I will sing, yes, I will sing praises to the Lord. Today, my head shall be lifted up above my enemies all around me. (Where is the tabernacle of God? It is within me, I am the tabernacle of the Holy Spirit). So I will offer in this tabernacle, sacrifices of joy to You this morning Lord. (Sometimes, when it says “I will sing” – you can just start to sing.)



This is the Big Thing that you have to realise, God doesn't care if you're tone deaf, if you can't keep a pitch or if you can't keep a note. He's given you your voice to sing to Him.

