







Everyday: When God's covenant people were taken out of Egypt and into the desert. God said, "I'm gonna take care of you everyday." The way He took care of them was manna from heaven (with all the nutrients, vitamins, things everybody needed for good health). The Lord said they need to take only as much food as they need for one day. There was this lifestyle that God wanted them to live - Trust Him every day that when they wake up there will be provision for them. What an awesome God, what an amazing way to live trusting Him everyday that He will just provide everything I need for that day. **Read: Matthew Chapter 6**, Jesus says; I don't even have to worry about what I'm going to eat, drink or wear because He is my God and if I seek Him and put Him first in all of my ways, He will make sure that everything in my life is provided for and taken care of.

Words: In the spirit realm, God has given me a set of tools that I can use my authority, the blessing and the power of God in my world. Read: Proverbs

18:21 KJV. However I choose to speak, I'm going to live by the results of what I speak. Words (tool 1) - what am I speaking? It's a powerful, if not the most powerful tool that I can have. I'm not given a spirit of fear, but of love and power and of a sound mind. I have the love (tool 2) of God, I have the power (tool 3) of God, and I have the mind (tool 4) of God. I can choose life, have the blessing of life and I can make sure that life is happening the way I, under the leadership of the Father, make it happen. It's not about life happening to me, this is about what I declare what kind of life I want to have.

<u>Empowered:</u> I'm <u>empowered through my union with Him, my unity with His words</u> and His ways, His power, His love, His strength; I'm in sync with Him. I draw my strength from Him, that boundless strength, that strength which His boundless Might provides. **Read: Ephesians 6:10 AMPC** - Boundless means unlimited.



Armour of God: Read: Ephesians 6:11-18 NLT, I put on all of God's armour so that I will be able to stand firm against all strategies of the devil. I use the Word and the power of God to be strong. I put on the belt of truth (tool 5). This is the foundation. God's body armour is my invisible curtain and barrier against any evil coming to me – His truth. I put on God's righteousness (tool 6) as my breastplate. When I sometimes find myself being weak in my thoughts and feelings, I do not walk by my feelings but I live by the truth and the right ways

of God. Even though I might have weakness in my Humanity, I step back and hide behind His Blood, His Word and the very life of Jesus. I make His truth, my truth. I put on the **shoes of peace (tool 7)** that comes from the Good News so that I will be fully prepared. I walk through life constantly in His peace. I hold up the **shield of faith (tool 8)** that is the Word of God to stop the fiery arrows of the devil. I've got faith! As those fiery darts, arrows of the devil are coming at me to try and destroy me through my words & depleting me of my strength through circumstances. I put on my **helmet of salvation (tool 9)** for those thoughts, ideas and emotional things that come to my soul, all of those things that want to defeat me. I now take my thoughts captive. I am saved from negative thoughts, ideas, emotions and feelings that might cause me to undermine my own future, destiny, and purpose. I have the **sword of the Spirit (tool 10)** which is the Word of God, I go on attack, I go and defeat poverty, sickness, fear, those circumstances that are coming at me because I am strong in the Lord. I pray in the Spirit at all times and on every occasion, I stay alert and I'm persistent in my prayers for all believers everywhere.